



I give new life to what I don't need

Lesson Plan

Designed by Konstantina Tsaliki, Music school, Mytilene, Greece

Title of Activity: I give new life to what I don't need	Subject area: <i>Social & Political Education, Home Economics (Middle School), Technology, Information Technology, Arts</i>
Grade Level(s): 12-17 ages	Duration: 2 Teaching hours

Learning objectives:

At the end of the course, students are expected to:

- understand the life cycle of clothing,
- recognize the environmental impact of the fashion industry,
- distinguish between reuse, recycling, and upcycling of clothing.
- have developed ecological and social awareness,
- demonstrate enhanced responsible consumer behavior.

Teaching Method:

Teamwork

Teaching Techniques: *Dialogue, group work*

Materials / Resources / Technology use: Clothes, shoes, bags, desks, hangers

Activity Description

Introduction: We discuss recycling clothes and shoes in class.

The teacher asks the following questions: a) What do you do with clothes and shoes that you no longer wear? b) How could they be used differently?

Through dialogue, concepts such as overconsumption, environmental protection, and social solidarity are highlighted.

Step 1: A brief discussion within the groups on:

1. reuse,
2. clothing recycling,
3. social actions (donation, exchange).

The groups present their findings to the class with short oral presentations, posters, or simple visual aids.



I give new life to what I don't need

Step 2: As a practical application of the knowledge, either a collection of clean and in good condition clothes and shoes for donation is organized, or a “clothing exchange day” at school. Students bring clothes they no longer need and exchange them for others, learning in practice the value of reuse and responsible consumption.

Assessment

We discuss feelings, thoughts, and experiences from this activity. Group and individual reflection.