

Solidarity and Community Help



Lesson Plan

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Title of Learning Activity: Solidarity and Community Help	Subject area: any
Grade Level(s): 12+ ages	Duration: 15 minutes

Learning objectives:

At the end of the activity, students are expected to:

- Explain what solidarity is.
- Identify examples of solidarity in everyday life.
- Recognize how small acts of kindness can positively impact a community.
- Propose simple actions they can take to help others.

Teaching Approaches / Techniques:

Individual learning
Cooperative learning.
Online presentation

Materials / Resources / Technology use:

- ✓ PC, projector or headphones
- ✓ PowerPoint presentation
- ✓ Videos:
https://www.youtube.com/watch?v=ju6S_4A59GM (What is Solidarity?)
<https://www.youtube.com/watch?v=HsdZ2fd5Y9Y> (Small Acts of Kindness)
- ✓ Posts / Reading:
<https://www.unicef.org/sowc2012/pdfs/SOWC-2012-Childrights-role-education.pdf> (short excerpt on solidarity & community help – optional).

Activity Description:

This 15-minute learning activity introduces students (age 12+) to the concept of solidarity and simple ways to help others in their community.

Introduction:

The activity begins with a quick brainstorming task where students write down one word they associate with “solidarity.”

Step 1:

Students watch a short introductory video (“What Is Solidarity?”) to build understanding of the concept.

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Step 2:

Students reflect individually or discuss in pairs everyday situations where they have seen or practiced solidarity (helping a classmate, supporting a friend, sharing, volunteering, etc.).

Step 3:

Students explore the social importance of solidarity through a second short video about small acts of kindness and how they create positive change in a community.

Step 4:

Students propose simple and realistic ways they can show solidarity at school or at home (e.g., helping a younger student, donating unused items, participating in a charity event, supporting a friend).

Closure:

The activity ends with a brief reflection where students write down:

1. One new thing they learned,
2. One action they want to take to help others,
3. One way they can encourage others to be more supportive.

Assessment:

Students will be asked to provide feedback to improve the learning activity! Multiple and open questions via Google Forms .

https://docs.google.com/document/d/1zrv8IW0ddO_e7hU1DXyv5kgzeWu24w_PbsUuDxgYLj4/edit?usp=sharing

References:

TED-Ed. (n.d.). *What Is Solidarity?* YouTube.

https://www.youtube.com/watch?v=ju6S_4A59GM

Kindness Boomerang. (n.d.). *Small Acts of Kindness.* YouTube.

<https://www.youtube.com/watch?v=HsdZ2fD5Y9Y>

UNICEF. (2012). *The Role of Education in Fostering Solidarity.*

<https://www.unicef.org/sowc2012/pdfs/SOWC-2012-Childrights-role-education.pdf>